



Personal Protective Equipment

Personal protective equipment (PPE) acts as a barrier between you and workplace hazards, like high-heat surfaces, sharp knives, and chemicals.

Remember to take appropriate precautions to protect against burns by wearing long oven mitts and a suitable apron and by using long-handled cooking utensils. You should also use mesh gloves when cutting or slicing. Refer to your company's safety data sheets for appropriate chemical-resistant gloves.

Remember: Your supervisor is a valuable resource when it comes to when and what PPE are necessary. Reach out if you have any questions about:

- How to properly adjust and wear your PPE.
- The limitations of PPE.
- Instructions for proper care, maintenance, useful life, and disposal of your PPE.

Personal protective equipment is meant to protect you. Your PPE can't protect you if you're not wearing it!



Immediately report all injuries to your supervisor.

By reporting the injury in a timely manner, you can receive the care you need and allow your employer to address any safety concerns that may have contributed to the incident. This can help prevent future, perhaps serious, injuries to you and your co-workers.